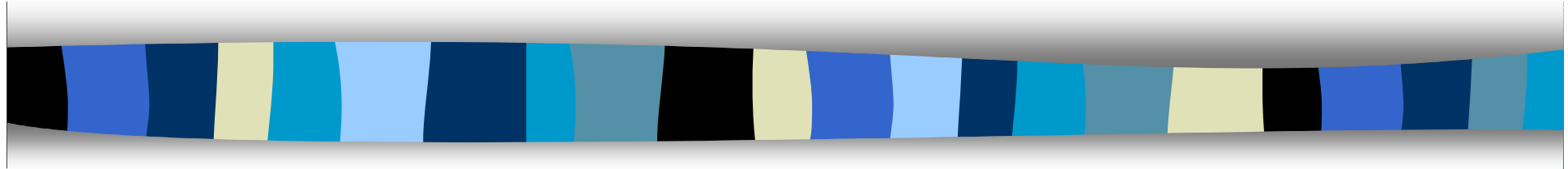


# Community Prevention Programs for Young People



## EARLY SCHOOLLEAVERS

Ljubljana, 22. Februar 2007

Zavod MISSS

Youth Information And Counselling Center of Slovenia, Matjaž Medvešek



## MISSS?

- NGO – non-profit making organization
- Since 1993
- 5 employees
- Volunteers
- 15 collaborators





[www.misss.org](http://www.misss.org)



### ***TASKS:***

- 1. Information and Counselling***
- 2. Community Prevention Programs***
- 3. Individual Counselling***
- 4. Trainings and education (LLL, UP)***

# Information and Counselling



- National level
- Development
- Training
- International cooperation
- Local YIC



# Information and Counselling

## Development

- European Youth Information Charter
- Quality Standards
- Self Assessment
- Classification



# Information and Counselling

## Giving Information

- Face to face (interview)
- Phone
- E-mail
- Data base
- Youth Portal
- Forum
- Peer to Peer
- Cyber caffe



# Information and Counselling



## Trainings

- volunteers
- youth advisers
- youth information workers
- train for trainers

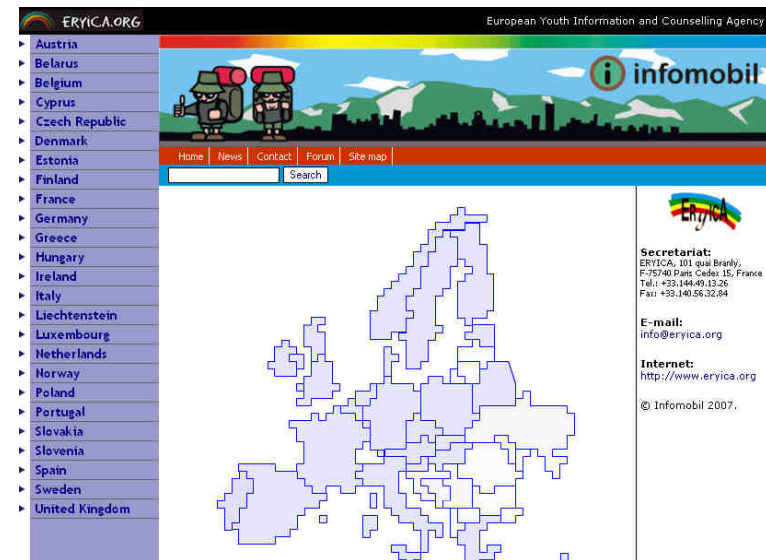


# Information and Counselling



## International cooperation

- ERYICA member (1995)
- Trainers Pool
- Infomobil (data Base)
- Participation in Youth Information Project
- Development



# Community prevention programs

## ■ General

- for the greatest number of possible users
- directed towards quality of life
- using information as a power

## ■ Specific

- intended for youth who are exposed
- threatened in their development by various unfavourable psychosocial factors



# Aims

## ■ Individuals

- Strengthen spiritual health in the community
- Stimulate successful behaviour
- Develop positive self-esteem
- Stimulate independent identity

## ■ Groups

- Stimulate groups toward self-help
- Strengthen social skills and benevolence
- Mutual tolerance

# Project users

- Children
- Youth
- Parents
- Teachers
- Youth Workers

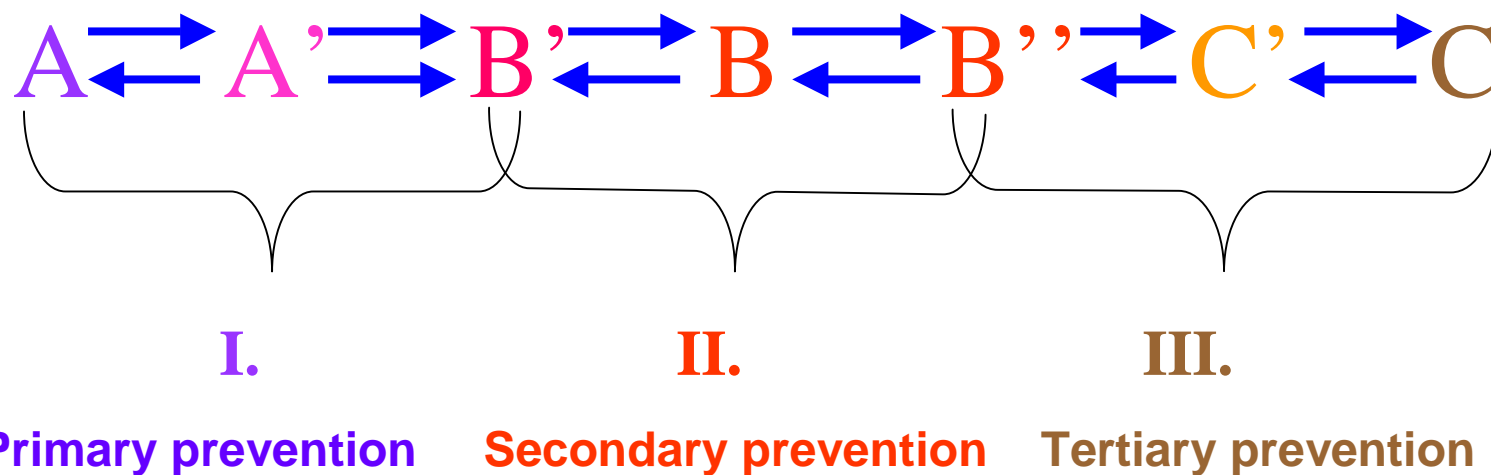


# Behaviour

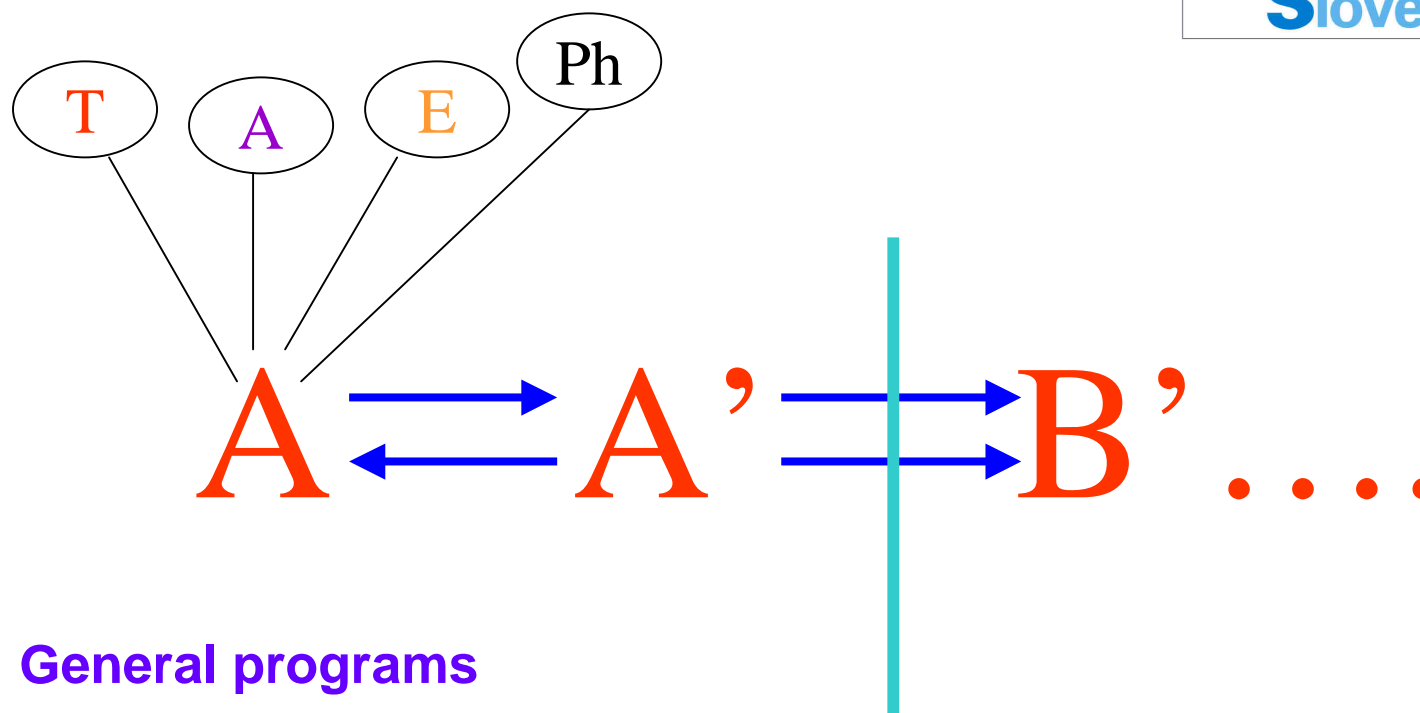
- Successful behaviour
- Less successful behaviour
- Individual needs



# Sequential prevention as a model

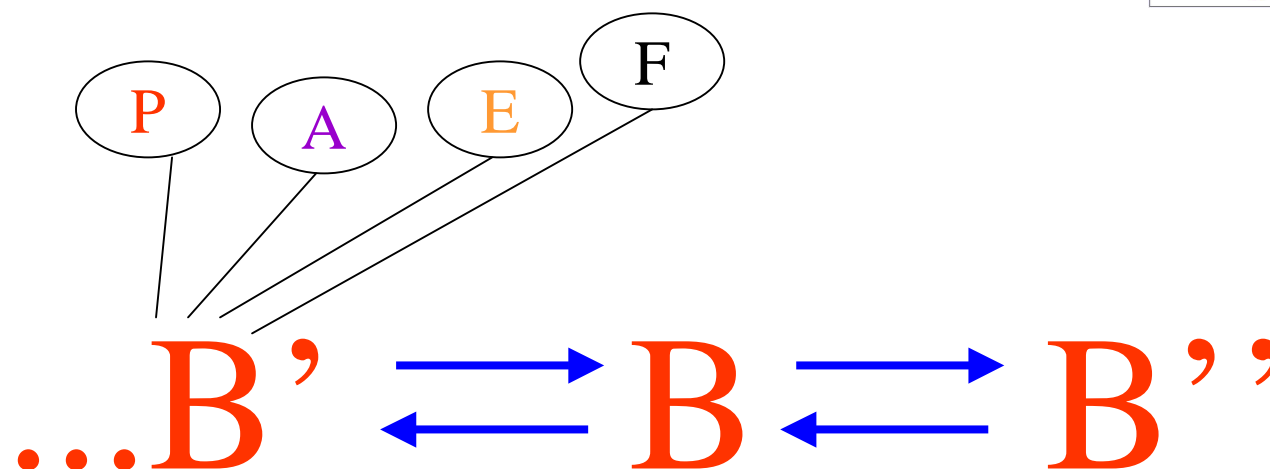


# Focus: Primary prevention



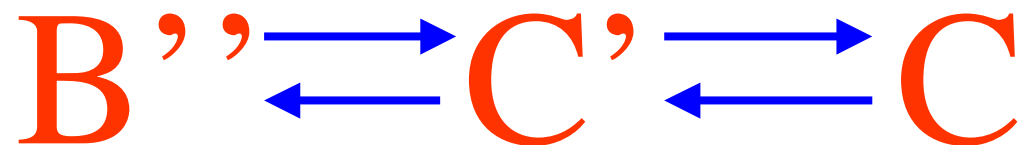
- General programs
- Specific programs
- Community oriented
- To improve the quality of life

# Secondary Prevention



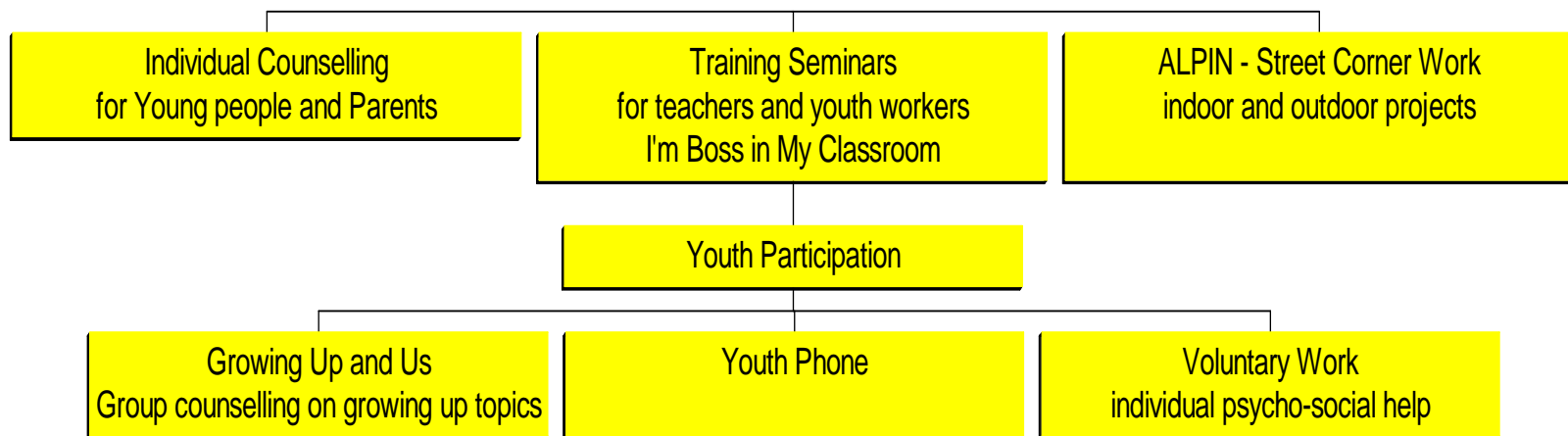
- information and counselling
- refer to appropriate program

# Tertiary prevention



- information and counselling
- refer (self-helping groups...)

# Community Prevention Programs & Youth Participation

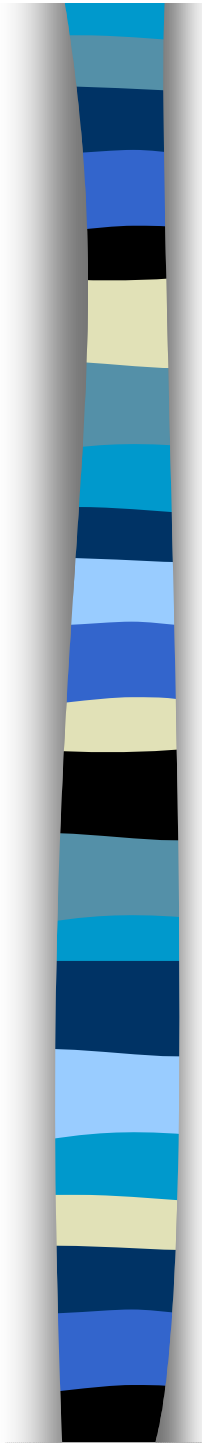


# Growing Up & Us

## ■ **Methods**

- Group work – small groups (up to 8)
- Friendly atmosphere
- Confidence and trust
- Adolescents and pre-adolescents
- 1500 youngsters a year
- 22 schools
- Development of conversation and dialogue between peers and important adults
- Successful communication techniques
- Conflict resolution and solving problems
- Respect of y.p. needs
- Network of school counselling services

# Growing Up & Us

- 
- **Aims**
    - Be able to speak out typical adolescent topics
    - Mutual respect (solidarity, empathy...)
    - Encouraging interpersonal relations
    - To promote successful behaviours
    - To stimulate non-formal peer to peer education on social inclusion
    - Information on social services for young people in a community

# Growing Up & Us

- **TOPICS**
- **Sexuality**
- **AIDS/HIV**
- **Drugs and addicts**
- **Violence**
- **Other risk taking behaviours**





# ALPIN Street Corner Work

## ■ **Methods**

- Indoor and outdoor outreach project
- Individual and group approach
- Street Basket Ball – as a tool
- Computers as a tool
- Action work on the street
- Observation
- Community playground quality assesment
- Analysis

# ALPIN Street Corner Work

## ■ Aims

- Reach a specific (marginalized) target group
- Establish non-formal contacts
- advocacy
- Reasons on risk taking behaviour in a community

# Youth to Youth Phone



## Youth participation project

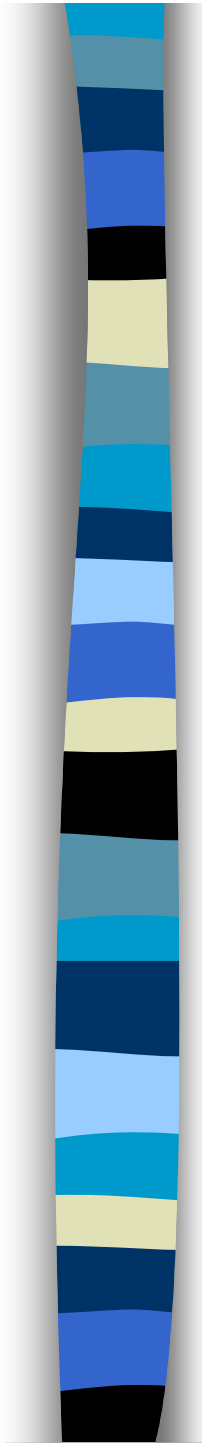
- Selfinitiative project
- Youth information and counselling service by phone: searching and providing information and tips for peers in need
- Age between 14 and 18
- Youth advisers
- Self-supporting group



# Youth to Youth Phone

- **Methods**
  - Trainings
  - Supervision groups
  - Phone counselling
  - Web Forum (moderation, administration)
  - Safe Internet
  - Evaluation

# Youth to Youth Phone

- 
- **Aims**
    - Encourage young people to be active in solving problems
    - Communication on equal level
    - Connection between youngsters who search for help and their peers

# FUTURE ?

